

## ประวัติและผลงานทางวิชาการอาจารย์ประจำหลักสูตร

1. ชื่อ-นามสกุล นายโรจพล บุณรักษ์  
**Full Name** Rojapon Buranarugsa

2. ตำแหน่งทางวิชาการ อาจารย์

3. ประวัติการศึกษา

ระดับการศึกษา	คุณวุฒิ	สถาบัน	ปีที่สำเร็จการศึกษา
ปริญญาตรี	วิทยาศาสตร์บัณฑิต (วท.บ.) สาขาวิทยาศาสตร์การกีฬา	จุฬาลงกรณ์มหาวิทยาลัย	2545
ปริญญาโท	ครุศาสตรมหาบัณฑิต (ค.ม.) สาขาพลศึกษา	จุฬาลงกรณ์มหาวิทยาลัย	2547
ปริญญาเอก	Doctor of Philosophy (Ph.D.) Sport Sciences	University of Porto	2555

4. ผลงานทางวิชาการ

Research papers

1. Rojapon Buranarugsa, José Oliveira, José Maia. *Importance Of Pilot Study And Data Quality Control In Designing Complex Training Programs For Young Athletes*. The Open Sports Sciences Journal, 5, 2012.
2. Rojapon Buranarugsa, José Oliveira, José Maia. *Strength in youth (resistance, plyometric, complex training) An evidence-based review*. Portuguese Journal of Sport Sciences, 2014.
3. Peerapong Noopayan, Rojapon Buranarugsa, Silpachai Suwantada, Chaninchai Intiraporn. *The Effects of Short-term Resistance Training Program on Maximum Strength and Sprinting Performance in Adolescent Sprinters*. International Journal of Asian Society for Physical Education, Sport and Dance, 12, 2014.

## **Publications:**

### *Presentation in events*

1. Buranarugsa R, Soares JAM, Garganta R, Seabra A, Brito JÇ, Maia J. (2008). *Effects Of A Strength Training Program During A Competitive Season In Young Team Handball Players*. 6th International Conference on Strength Training, Colorado. Springs, CO, October 2008
2. Buranarugsa R, João Brito, Eduardo Oliveira, José Maia, Andre Seabra, Antonio Rebelo. (2008). *Isokinetic Strength In Youth Soccer Players*. 6th International Conference on Strength Training, Colorado. Springs, CO, October 2008
3. Buranarugsa R, José Manuel Fernandes Oliveira, José Maia. (2011). *Individual Differences In Maximum Strength And Running Speed Of Young Track And Field Athletes And Their Relationship With Biological Maturation*. Society for the Study of Human Biology Annual Symposium, The Human Biology of Jim Tanner, Corpus Christi College, Cambridge, UK, December 2011

### *Abstracts co-author presented in events*

1. *Bilateral Isokinetic Peak Torque Ratios in Youth Soccer Players*. Sport Injury Prevention Research Centre, University of Calgary and Canadian Academy of Sport Medicine Research Symposium on Injury Prevention in Child and Adolescent Sport June 3, 2009 Vancouver, British Columbia, Canada
2. *Modeling Correlates of Physical Activity in Children*. ACSM 58th Annual Meeting and 2nd World Congress on Exercise is Medicine, 31 May- 4 June 2011

3. *The Relationship Between Socio-cultural Correlates And Sport Participation In Portuguese Adolescents Aged 10 to 18 Years.* ACSM 58th Annual Meeting and 2nd World Congress on Exercise is Medicine, 31 May- 4 June 2011
  
4. *Tracking Changes in Health-Related Physical Fitness of Portuguese Children.* ACSM 58th Annual Meeting and 2nd World Congress on Exercise is Medicine, 31 May- 4 June 2011
  
5. *Physical Fitness as a Protective Factor of Overweight and Obesity.* ACSM 58th Annual Meeting and 2nd World Congress on Exercise is Medicine, 31 May- 4 June 2011
  
6. *Anthropometric, morphological and muscle power indicators. A study with Kata and Kumite athletes of the Portuguese National Team.* Scientific Congress On Martial Arts And Combat Sports, Viseu, Portugal, May 2009